Welcome to the 2026-27 Dance Season...

Where CID is the Place to Be



A family first studio with conservative values, where your child's well-being is always our #1 priority.

We can't wait to Dance with You!

Classic Image Dance

Rollover Membership
Membership Levels
Class Schedules
Placements & Evaluations
And More!

Affiliated — More Than Just Great Dancing! — Studio

CID CULTURE

FAMILY FIRST

POSITIVE ROLE MODELS

EXCELLENCE

AGE APPROPRIATE CHOREOGRAPHY & COSTUMES

ALL CHILDREN HAVE WORTH

ENCOURAGE CREATIVITY

EXCEED EXPECTATIONS

DANCE LESSONS TEACH LIFE LESSONS

GIVE BACK TO OUR COMMUNITY

"We don't teach kids to make great dancers, we teach dance to make great kids." -Misty Lown

More Than Just Great Dancing!®

Affiliated Dance Studios

Classic Image Dance

More Than Just Great Dancing!

DISCOVERY

Dance Program



FIRST STEPS

2 Year Olds

The perfect introduction to dance for your little one. This half-hour class will engage your toddler with songs, music, games and instruments while introducing them to the basics of tap and creative movement.

Dress Code: First Steps dancers will receive their initial class wear upon enrollment, included in the Membership Fee.



- Girls: Pink Skirted or Tank Leotard + tights
- Boys: CID Black Shorts & White T-Shirt
- Black Tap Shoes (not included)
- Girls: Pink Ballet Shoes (not included)
- Boys: Black Ballet Shoes (not included)

Class Schedule & Tuition

Class Schedule: First Steps dancers may choose from 1 or 2 classes per week from the days & times listed below:

- Tuesdays 9:30-10:00am
- Wednesdays 5:30-6:00pm
- Saturdays 9:15-9:45am

Membership Fee:

- New Student - $200
- Rollover - $160

Monthly Tuition:

- $64/mo.

A full season of dance includes 44 weeks of instruction, 2 stage performances & a recital costume.

The maximum number of students per class is 8.

Classic Image Dance: 480.839.4159 | 335 N. Austin Dr, Chandler, AZ

Early bird Membership Discount (May-July), save $10/student or $20/family

Register online at:
ClassicImageDance.com
Enrollment Opens May 1st

Separation Anxiety

Helping Your Child Through Separation Anxiety



It is normal for children to show distress, anger, and sadness when separated from their primary caregiver within the early childhood years (0 - 5 years). In fact, the emergence of separation anxiety often emerges around the child's first birthday. Although this is a normal difficulty that many children experience, it is none the less unsettling for all parties involved with the child, the parent, and other caregiver/adults. In fact, many parents experience extremely difficult emotions similar to their child's distress when separating. However, it is important to manage this distress effectively to allow your child to make gains in the areas of independence and trust.

Tips to try to help your child deal with separation anxiety at dance class:

1. Talk with the teacher and develop a plan that will increase your confidence and ease your child's difficulty with saying goodbye. Reward your child for brave and independent behavior.

2. Be aware of the timing of goodbyes. Children are more likely to display unsettling reactions such as tantrums, yelling, crying, and screaming when they are tired, hungry, or restless. Schedule your dance class around their regular meal, snack, and nap times.

3. When saying goodbye to your little one, remember to be calm and consistent. Remember if you show distress, he or she will likely increase in their discomfort. One way to improve your consistency is to create a goodbye ritual, consisting of a pleasant yet firm goodbye. Let them know where you will be while they are in class and where you will be when they are done with class. Once you say goodbye it is time to leave. If you linger or come back to check you will create more distress on your child, as they will be more uncertain about your separation.
   - A. We have a goodbye chair set up by the door for parents whose children are struggling with separation anxiety so that they know where to look for them. Parents should give a firm goodbye and let the child know they will be waiting for them after class in the goodbye chair. Parents should then go sit in the goodbye chair as the child enters the classroom. The parent should be sitting in the goodbye chair when class is over so the child knows right where to find them.
   - B. Children will stay in class for 10 minutes. If they are still upset they will be brought back out to the parents after 10 minutes. After 5 minutes the teacher will come back out to check if the dancer is ready to join the class. Parents should not knock or open the door or come into the classroom to check on the child or to send them back to class.
   - C. Parents whose child is struggling with separation anxiety should not leave the studio during class time and should make sure that they are sitting in the goodbye chair when the child comes out of class.

4. When it comes time to say goodbye, connect with the teacher or assistant. It may be best for the teacher or assistant to make physical contact, such as holding your child in their arms or holding hands with your child. Reassure your child that the teacher will take good care of them while you are gone.

5. Be sure to return when you say you are going to return and do not be late.

6. Work with your child's teacher on a Bravery Home note for positive reward of brave behavior.

CLASSIC IMAGE DANCE

CID's Annual Membership Fee enables your child to participate in weekly dance and tumbling classes at CID. It also allows Student, their Parents, and other Family Members to take advantages of special privileges and 'Members Only' events! There are two levels of membership - one for everyone!

What are you waiting for? Become a CID Insider TODAY!

Membership Fees Renew Annually	New Student $200/Student $530/Family (3+)	Rollover Student $160/Student $450/Family (3+)	Premium Upgrade $30/mo. (per student)
Priority Registration & Membership Fee Unlimited Make-Up Classes	☐	☐	
Access to Online Customer Portal & Customer Viewing App	☐	☐	
Transfer Classes for Free	☐	☐	
Community Partner Discounts	☐	☐	
Complimentary Studio Wi-Fi	☐	☐	
Welcome Gift	☐	☐	
Report Cards & Parent Teacher Conferences	☐	☐	
Participation in the Winter Holiday	☐	☐	
Showcase ($80 value)	☐	☐	
Required Class Apparel ($55 value)	☐		
Participation in CID's June Recital Extravaganza ($90 value)	☐	☐	
Digital Recital Video, Recital Yearbook & Recital T-Shirt	☐	☐	
Free CID Member Dance Event ($45 Value)	☐	☐	
Class Waitlist Priority	☐	☐	
2 Tickets to the Winter Holiday Showcase			☐
2 Tickets to the June Recital Extravaganza			☐
Early Access to Recital Ticket sales			☐
Tights Subscription (5 pairs of tights throughout the year)			☐
$50 CID Merchandise Credit			☐
Participation in CID Recital Family Dance			☐
Participation in Mother's Day Tea or Sweetheart Soiree Event			☐
1 30-min Private Lesson			☐

Info@classicimagedance.com
480.839.4159



THE MANY BENEFITS OF DANCE

INTELLECTUAL AND ACADEMIC BENEFITS

1. Young children will create movement spontaneously when presented with movement ideas or problems that can be solved with a movement response. Movement provides the cognitive loop between the idea, problem, or intent and the outcome or solution. This teaches an infant, child and, ultimately, adult to function in and understand the world. The relationship of movement to intellectual development and education is an embryonic field of study that has only recently begun to be explored. (Source: NDEO [National Dance Education Organization])

2. Children-at-risk (those with lower socioeconomic statuses, less family stability, etc.) benefit from arts-rich experiences in that they earn higher grades, are more likely to graduate from high school and further their education, and become engaged learners and citizens. The arts make education more equitable for all, regardless of external circumstances. (Source: James Catterall, National Endowment for the Arts)

3. Eighth graders who had high levels of arts engagement from kindergarten through elementary school showed higher test scores in science and writing than did students who had lower levels of arts engagement over the same period. (Source: James Catterall, National Endowment for the Arts)

4. Students who had arts-rich experiences in high school were more likely than students without those experiences to complete a calculus course. Also, students who took arts courses in high school achieved a slightly higher grade-point average (GPA) in math than did other students. (Source: James Catterall, National Endowment for the Arts)

5. In two separate databases, students who had arts-rich experiences in high school showed higher overall GPAs than did students who lacked those experiences. High school students who earned few or no arts credits were five times more likely not to have graduated than students who earned many arts credits (Source: James Catterall, National Endowment for the Arts)

Students who had arts-rich experiences in high school showed higher overall GPAs than did students who lacked those experiences.

6. Both 8th-grade and high school students who had high levels of arts engagement were more likely to aspire to college than were students with less arts engagement. (Source: James Catterall, National Endowment for the Arts)

7. Arts-engaged high school students enrolled in competitive colleges—and in four-year colleges in general—at higher rates than did low arts-engaged students. (Source: James Catterall, National Endowment for the Arts)

8. Students who had intensive arts experiences in high school were three times more likely than students who lacked those experiences to earn a bachelor's degree. They also were more likely to earn "mostly A's" in college. (Source: James Catterall, National Endowment for the Arts)

9. Lastly, the study notes that students from arts-rich backgrounds were also more civically engaged than those with low-arts backgrounds. (Source: James Catterall, National Endowment for the Arts)

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SOCIAL AND EMOTIONAL

1. Dance lessons can encourage children to foster a more positive attitude and explore their own self-expression. This can be particularly beneficial for children who are physically or mentally impaired or those who are attempting to deal with significant emotional problems. (Source: EduDance)

2. Dance lessons can help children improve their social and communication skills, learn how to work as part of a team, develop a greater sense of trust and cooperation and make new friends. If your child is shy, enrolling her in dance can encourage her to reach out to other children her age and help to reduce her anxiety about new people or places. Dance can also help to alleviate fears related to performing in front of an audience. (Source: FamilyTalk Magazine)

3. Dance promotes psychological health and maturity. Children enjoy the opportunity to express their emotions and become aware of themselves and others through creative movement. A pre-school child enters a dance class or classroom with a history of emotional experiences. Movement within a class offers a structured outlet for physical release while gaining awareness and appreciation of oneself and others. (Source: NDEO)

Dance promotes psychological health and maturity.

4. Dance fosters social encounter, interaction, and cooperation. Children learn to communicate ideas to others through the real and immediate mode of body movement. Children quickly learn to work within a group dynamic. As the ongoing and sometimes challenging process of cooperation evolves, children learn to understand themselves in relation to others. (Source: NDEO)

5. Dance yields small but consistent effects for improvement of well-being, mood, affect and body image. The authors of a meta-analysis of 23 studies on the effectiveness of dance movement therapy concluded that dancing should be encouraged as part of treatment for people with depression and anxiety.

6. Results suggest that Dance/Movement Therapy and dance are effective for increasing quality of life and decreasing clinical symptoms such as depression and anxiety. Positive effects were also found on the increase of subjective well-being, positive mood, affect, and body image. (Source: The Arts in Psychotherapy)



PHYSICAL

1. Regular dance practice can increase your child's flexibility, range of motion, physical strength and stamina. The repetitive movements involved in dance can improve muscle tone, correct poor posture, increase balance and coordination and improve overall cardiovascular health. Dancing is an aerobic form of exercise. For children who are overweight, it can potentially help them to lose weight and improve their eating habits. (Source: Pro Dance Center)

2. Dance involves a greater range of motion, coordination, strength and endurance than most other physical activities. This is accomplished through movement patterns that teach coordination and kinesthetic memory. Dancing utilizes the entire body and is an excellent form of exercise for total body fitness. Young children are naturally active, but dance offers an avenue to expand movement possibilities and skills. (Source: NDEO)

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